

Privacy Policy

Effective Date: June 2026

Your privacy matters. This policy explains what information is collected when you visit lauriingram.com, how it is used, and how it is protected. The intention is to be clear and straightforward — nothing hidden, nothing that would feel out of place.

Who We Are

This website is operated by Lauri Ingram, Spiritual Life Coach and Transformational Guide, doing business as Awakened Pathways. References to "we," "us," or "our" in this policy refer to Lauri Ingram / Awakened Pathways. You can reach us at lauri@lauriingram.com.

Information We Collect

We collect only what is needed to offer you a meaningful experience and communicate with you effectively.

Information you provide directly:

- Your name and email address when you sign up for the free audio, join a waitlist, or submit a contact or inquiry form
- Any additional information you share through messages or discovery call requests

Information collected automatically:

- Basic analytics data such as pages visited, time on site, and device/browser type, collected through Wix's built-in analytics and any third-party tools (such as Google Analytics) enabled

on the site

- Cookies used by the website platform to support site functionality and performance
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How We Use Your Information

Information you share is used to:

- Deliver the free audio, journal prompts, or other resources you've requested
- Send email communications you've opted into, including occasional updates, offerings, or reflections
- Respond to inquiries and schedule discovery conversations
- Improve the website experience based on general usage patterns

We do not use your information for automated decision-making, profiling, or any purpose beyond what is described here.

Email Communications

By providing your email address through any opt-in form on this site, you consent to receive the specific resource offered and related communications from Awakened Pathways. Every email includes an unsubscribe link. You may opt out at any time, and your request will be honored promptly.

Sharing of Information

We do not sell, rent, or trade your personal information. We may share it only in the following limited circumstances:

- Service providers: Third-party tools used to operate this site — such as Wix (website platform) and email service providers — may process your data on our behalf. These

providers are contractually bound to use your information only as directed.

- Legal requirements: If required by law or to protect the rights and safety of individuals, we may disclose information as necessary.
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Cookies

This website uses cookies — small text files stored on your device — to support site functionality and analytics. You can configure your browser to decline cookies, though some features of the site may not function as intended if you do so.

Data Retention

We retain your information for as long as you remain on our email list or have an active relationship with us. If you unsubscribe or request deletion, your data will be removed from our active systems in a timely manner.

Your Rights

Depending on where you are located, you may have rights regarding your personal information, including the right to access, correct, or request deletion of the data we hold. To exercise any of these rights, please contact us at lauri@lauriingram.com. We will respond within a reasonable timeframe.

Children's Privacy

This website is not directed to individuals under the age of 18. We do not knowingly collect personal information from minors. If you believe a minor has submitted information through this site, please contact us and we will remove it promptly.

Third-Party Links

This site may contain links to external websites. Once you leave lauriingram.com, this Privacy Policy no longer applies. We encourage you to review the privacy policies of any sites you visit.

Changes to This Policy

This Privacy Policy may be updated from time to time to reflect changes in practice or legal requirements. The effective date at the top of this page will always reflect the most recent version. Continued use of the site following any updates constitutes acceptance of the revised policy.

Contact

Questions about this Privacy Policy or how your information is handled are always welcome. Please reach out at lauri@lauriingram.com or through the contact form at lauriingram.com.